

2015 Professional Development Day

Tuesday March 24, 2015

8:00 AM - 4:00 PM	8:00 AM - 11:15 AM	11:30 AM - 1:00 PM	1:00 PM - 3:00 PM	2:00 PM - 3:00 PM	3:10 PM - 4:10 PM
Continuous Quality Improvement (CQI) Training Session Pre-registration required	Open for Non-Instructional Staff Department Meetings	Lunch presented by: L.E.A.G.U.E. Faculty and Staff Giving Campaign Student Union	ITDE presents: Innovation Celebration A. Lincoln Commons	Concurrent Sessions I	Concurrent Sessions II

CQI Training

Tricia Kujawa and Kevin Lust will present CQI Training at the main campus. The training will be held in the Robert H. Stephens Room. If you are interested please contact the Capital City Training Center at 782-7436.

Faculty and Staff Giving Campaign

The L.E.A.G.U.E. Committee invites you to “Come On Down” to the Student Union on Tuesday, March 24 at 11:30 for the L.E.A.G.U.E. Campaign Kickoff. The committee has chosen a TV Game Show theme for this year’s fundraising campaign to support student learning through grants and scholarships. Entertainment will include a live band and a Friendly Feud Game with lots of prizes. Don’t forget to bring your decorated Penny Wars container and spare change as contributions will go to the Foundation’s Pay It Forward Fund to benefit students with emergency needs. You will also have the opportunity to make a pledge or donation to the LEAGUE Campaign and receive a gift.

Innovation Celebration

The Instructional Technology and Distance Education department will be hosting the Innovation Celebration, a poster session highlighting innovative instruction and student learning initiatives at LLCC. This event will provide an opportunity to exchange teaching experiences and student engagement activities in a casual atmosphere with your colleagues across campus.

Concurrent Sessions I (see the back for individual descriptions)

True Colors
Rebecca Mentzer
Memorial EAP
MNRD 2209

Wellness in the Workplace
Joe Williams
Midwest Rehab
MNRD 1168

The 7 Habits of Highly Effective People Explained
Shirley Stelbrink
Learning Alliances Co.
MNRD 2207

Concurrent Sessions II (see the back for individual descriptions)

True Colors
Rebecca Mentzer
Memorial EAP
MNRD 2209

Wellness in the Workplace
Joe Williams
Midwest Rehab
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Why Do I Have This New Phone?
Jeris Creasey
LLCC
MNRD 2207

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True Colors

Presented by Rebecca Mentzer, Memorial EAP in Room MNRD 2209 (2 consecutive sessions)

This fun and interactive workshop is designed to help participants learn how differences in personality and temperament can impact workplace relationships. Participants will be provided an opportunity to assess their work style temperament using a tool based upon the Myers Briggs Type Indicator. Following a self assessment, a facilitated group discussion will assist participants in identifying strategies to effectively work with other team members.

Wellness in the Workplace

Presented by Joe Williams, Midwest Rehab in Room MNRD 1168 (2 consecutive sessions)

For years, studies have shown sedentary behavior can increase the chances of numerous health risks from high blood pressure to obesity. Now more than ever our society is being built around a sitting position. Technology allows us to functionally operate by going from the vehicle to the desk to the couch with just a few steps in between. Joe Williams will present a practical session that takes the conversation of basic ergonomics to the next level. He will provide you with advice, exercises and tools you can use throughout the day to increase activity and productivity.

The 7 Habits of Highly Effective People Explained

Presented by Shirley Stelbrink, Learning Alliances Company in Room MNRD 2207

The 7 Habits of Highly Effective People has been an influential part of professional behavior for over 25 years. Written by bestselling author Stephen R. Covey, this book provides us with step-by-step lessons to attaining our goals. Shirley will present an interactive session that will review and define each habit individually and help you to align these steps with your personal and professional life.

Why Do I Have This New Phone?

Presented by Jeris Creasey, LLCC in Room MNRD 2207

What can this new Lync phone do for me that my old phone can't? In this session, you will be walked through the new features of the Snom Lync phone, show you how to program the f-keys, interact with Lync on your computer and more.